

Community of Hope International

Volunteer Trip Requirements

a) Cost: Each participant pays for his or her own expenses - the cost is \$1700-1800 which includes airfare, hotel, travel insurance (cost will vary depending on age), breakfast & lunches, four volunteer t-shirts, ground transportation, and the \$300 donation to the Organization for the upkeep and supply of our clinic and school. Volunteers will be responsible for providing their own dinner each evening upon returning from the clinic. Payments can be made online at communityofhopeint.org. In addition, every person entering the Country will need to have \$10 (American Cash) to get through customs.

b) Valid Passport: Each participant must hold a current and valid passport - no visa is required to travel to the Dominican Republic. We recommend that you purchase a passport holder & carry your passport on you (Not visible) at ALL times while in the DR.

c) Immunizations: Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, and your yearly flu shot. CDC recommends hepatitis A vaccine because you can get hepatitis A through contaminated food or water in the Dominican Republic, regardless of where you are eating or staying. You can get typhoid through contaminated food or water in the Dominican Republic. CDC recommends this vaccine for most travelers, especially if you are visiting smaller cities or rural areas, or if you are an adventurous eater. You can get hepatitis B through contaminated needles, and blood products, so CDC recommends this vaccine. When traveling in the Dominican Republic, you should avoid mosquito bites to prevent malaria. You may need to take prescription medicine before, during, and after your trip to prevent malaria, depending on your travel plans, such as where you are going, when you are traveling, and if you are spending a lot of time outdoors or sleeping outside. Talk to your doctor about how you can prevent malaria while traveling.

d) Waiver Form: Each participant must sign a waiver form.

e) Physical Condition: Every participant must be in good health and physical condition to withstand the rigor of volunteer work.

f) Professional License: All clinicians must show a copy of professional license. We may be required to show that proof in the Dominican Republic. We need proof of this license when the down payment is made for your trip.

g) Checking Bags: Every participant must be willing to set aside a set of luggage (checking bag) to help carry the medications and supplies we need for the trip - participant uses carry-on luggage for personal belongings - clothes etc. The organization will cover the cost of the extra

checked back. Participants will be given in advance the items that will be asked to travel with them.

h) Participants need to deposit half the travel fee (\$850) by Sept. 10, 2018, two months prior to the travel date. The full amount will be due on Oct. 11, 2018.

i) If there is a need to cancel a trip due to safety or security issues, the organization will not reimbursement the money for the airline ticket.

Please email communityofhopeint@gmail.com if you have any additional questions or inquiries.

